



Dean of Chapel
The Revd Dr Michael Banner

Director of Music
Dr Stephen Layton

Chaplains
The Revd John Summers
The Revd Anne Strauss

Organ Scholars
Jonathan Lee
Harrison Cole

CHORAL EVENSONG

Sunday 22 January 2023

The Third Sunday after the Epiphany

ORGAN MUSIC

BEFORE EVENSONG

Jonathan Lee and Harrison Cole

Toccata in F, BuxWV 157 (Buxtehude)

Nun komm, der Heiden Heiland, BWV 659 (Bach)

Christe, du Lamm Gottes, BWV 619 (Bach)

A Voluntary for my Lady Nevell (Byrd)

Tiento, from Suite Médiévale (Langlais)

Toccata (1990) (Pott)

*Welcome to this service of Choral Evensong
sung by The Choir of Trinity College Cambridge.*

*Please ensure that all electronic devices,
including cameras, are switched off.*

*Services from Trinity College Chapel are video
webcast live and available to watch again. You
may be identifiable as in attendance at the service.*

*The congregation stands when the choir and clergy
enter the Chapel. The opening hymn will follow
unannounced.*

HYMN NEH 436

PRAISE MY SOUL

**Praise, my soul, the King of heaven;
to his feet thy tribute bring.
Ransomed, healed, restored, forgiven,
who like me his praise should sing?
Praise him! Praise him!
Praise him! Praise him!
Praise the everlasting King.**

**Praise him for his grace and favour
to our fathers in distress;
praise him still the same for ever,
slow to chide, and swift to bless.
Praise him! Praise him!
Praise him! Praise him!
glorious in his faithfulness.**

**Father-like, he tends and spares us;
well our feeble frame he knows;
in his hands he gently bears us,
rescues us from all our foes.
Praise him! Praise him!
Praise him! Praise him!
widely as his mercy flows.**

**Angels, help us to adore him;
ye behold him face to face;
sun and moon, bow down before him;
dwellers all in time and space.
Praise him! Praise him!
Praise him! Praise him!
Praise with us the God of grace.**

Words: Henry Francis Lyte (1793–1847)

Music: John Goss (1800–80)

The minister reads

Dearly beloved brethren, the Scripture moveth us in sundry places, to acknowledge and confess our manifold sins and wickedness; and that we should not dissemble nor cloak them before the face of Almighty God our heavenly Father; but confess them with an humble, lowly, penitent, and obedient heart; to the end that we may obtain forgiveness of the same, by his infinite goodness and mercy.

And although we ought, at all times, humbly to acknowledge our sins before God; yet ought we most chiefly so to do, when we assemble and meet together to render thanks for the great benefits that we have received at his hands, to set forth his most worthy praise, to hear his most holy Word, and to ask those things which are requisite and necessary, as well for the body as the soul.

Wherefore I pray and beseech you, as many as are here present, to accompany me with a pure heart, and humble voice, unto the throne of the heavenly grace, saying after me;

All say, kneeling

**Almighty and most merciful Father;
We have erred, and strayed from thy ways
like lost sheep.**

**We have followed too much the devices
and desires of our own hearts.**

We have offended against thy holy laws.

**We have left undone those things
which we ought to have done;**

**and we have done those things
which we ought not to have done;**

and there is no health in us.

**But thou, O Lord, have mercy upon us,
miserable offenders.**

**Spare thou them, O God,
which confess their faults.**

**Restore thou them that are penitent;
according to thy promises declared
unto mankind in Christ Jesu our Lord.**

**And grant, O most merciful Father,
for his sake;
that we may hereafter live a godly, righteous,
and sober life,
to the glory of thy holy name.
Amen.**

The minister then says the ABSOLUTION

Almighty God, the Father of our Lord Jesus Christ, who desireth not the death of a sinner, but rather that he may turn from his wickedness and live; and hath given power, and commandment to his Ministers, to declare and pronounce to his people, being penitent, the Absolution and Remission of their sins: He pardoneth and absolveth all them that truly repent, and unfeignedly believe his holy Gospel.

Wherefore let us beseech him to grant us true repentance, and his Holy Spirit, that those things may please him, which we do at this present; and that the rest of our life hereafter may be pure and holy; so that at the last we may come to his eternal joy; through Jesus Christ our Lord.

Amen.

RESPONSES

Shepherd

O Lord, open thou our lips.
And our mouth shall shew forth thy praise.

O God, make speed to save us.

O Lord, make haste to help us.

Glory be to the Father, and to the Son:
and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be:
world without end. Amen.

Praise ye the Lord.

The Lord's name be praised.

The congregation sits for PSALM 108

O God, my heart is ready, my heart is ready :

I will sing and give praise with the best
member that I have.

Awake, thou lute, and harp :

I myself will awake right early.

I will give thanks unto thee, O Lord, among the
people : I will sing praises unto thee among
the nations.

For thy mercy is greater than the heavens :
and thy truth reacheth unto the clouds.

Set up thyself, O God, above the heavens :
and thy glory above all the earth.
That thy beloved may be delivered :
let thy right hand save them, and hear thou me.
God hath spoken in his holiness :
I will rejoice therefore, and divide Sichem,
and mete out the valley of Succoth.
Gilead is mine, and Manasses is mine :
Ephraim also is the strength of my head.
Judah is my law-giver, Moab is my wash-pot :
over Edom will I cast out my shoe,
upon Philistia will I triumph.
Who will lead me into the strong city :
and who will bring me into Edom?
Hast not thou forsaken us, O God :
and wilt not thou, O God, go forth with our hosts?
O help us against the enemy :
for vain is the help of man.
Through God we shall do great acts :
and it is he that shall tread down our enemies.
Glory be to the Father, and to the Son :
and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be :
world without end. Amen.

The FIRST LESSON is read

A reading from the Book of Judges.

Then Jerubbaal, who is Gideon, and all the people that were with him, rose up early, and pitched beside the well of Harod: so that the host of the Midianites were on the north side of them, by the hill of Moreh, in the valley. And the LORD said unto Gideon, The people that are with thee are too many for me to give the Midianites into their hands, lest Israel vaunt themselves against me, saying, Mine own hand hath saved me. Now therefore go to, proclaim in the ears of the people, saying, Whosoever is fearful and afraid, let him return and depart early from mount Gilead. And there returned of the people twenty and two thousand; and there remained ten thousand. And the LORD said unto Gideon, The people are yet too many; bring them down unto the water, and I will try them for thee there: and it shall be, that of whom I say unto thee, This shall go with thee, the same shall go with thee; and of whomsoever I say unto thee, This shall not go with thee, the same shall not go.
So he brought down the people unto the water: and the LORD said unto Gideon, Every one that lappeth of the water with his tongue, as a dog lappeth, him shalt thou set by himself; likewise every one that

boweth down upon his knees to drink. And the number of them that lapped, putting their hand to their mouth, were three hundred men: but all the rest of the people bowed down upon their knees to drink water. And the LORD said unto Gideon, By the three hundred men that lapped will I save you, and deliver the Midianites into thine hand: and let all the other people go every man unto his place. So the people took victuals in their hand, and their trumpets: and he sent all the rest of Israel every man unto his tent, and retained those three hundred men: and the host of Midian was beneath him in the valley.

And it came to pass the same night, that the LORD said unto him, Arise, get thee down unto the host; for I have delivered it into thine hand. But if thou fear to go down, go thou with Phurah thy servant down to the host: And thou shalt hear what they say; and afterward shall thine hands be strengthened to go down unto the host. Then went he down with Phurah his servant unto the outside of the armed men that were in the host. And the Midianites and the Amalekites and all the children of the east lay along in the valley like grasshoppers for multitude; and their camels were without number, as the sand by the sea side for multitude. And when Gideon was come, behold, there was a man that told a dream unto his fellow, and said, Behold, I dreamed a dream, and, lo, a cake of barley bread tumbled into the host of Midian, and came unto a tent, and smote it that it fell, and overturned it, that the tent lay along. And his fellow answered and said, This is nothing else save the sword of Gideon the son of Joash, a man of Israel: for into his hand hath God delivered Midian, and all the host.

And it was so, when Gideon heard the telling of the dream, and the interpretation thereof, that he worshipped, and returned into the host of Israel, and said, Arise; for the LORD hath delivered into your hand the host of Midian. And he divided the three hundred men into three companies, and he put a trumpet in every man's hand, with empty pitchers, and lamps within the pitchers. And he said unto them, Look on me, and do likewise: and, behold, when I come to the outside of the camp, it shall be that, as I do, so shall ye do. When I blow with a trumpet, I and all that are with me, then blow ye the trumpets also on every side of all the camp, and say, The sword of the LORD, and of Gideon.

All stand for the **MAGNIFICAT**

St Paul's Service

Howells

My soul doth magnify the Lord, and my spirit hath rejoiced in God my Saviour. For he hath regarded the lowliness of his handmaiden. For behold, from henceforth all generations shall call me blessed. For he that is mighty hath magnified me: and holy is his Name. And his mercy is on them that fear him throughout all generations. He hath shewed strength with his arm; he hath scattered the proud in the imagination of their hearts. He hath put down the mighty from their seat, and hath exalted the humble and meek. He hath filled the hungry with good things; and the rich he hath sent empty away. He remembering his mercy hath holpen his servant Israel, as he promised to our forefathers, Abraham and his seed, for ever. Glory be to the Father, and to the Son: and to the Holy Ghost; As it was in the beginning, is now, and ever shall be: world without end. Amen.

All sit for the **SECOND LESSON**

A reading from the Gospel according to St Luke.

A certain lawyer stood up, and tempted him, saying, Master, what shall I do to inherit eternal life? He said unto him, What is written in the law? how readest thou? And he answering said, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy mind; and thy neighbour as thyself. And he said unto him, Thou hast answered right: this do, and thou shalt live. But he, willing to justify himself, said unto Jesus, And who is my neighbour? And Jesus answering said, A certain man went down from Jerusalem to Jericho, and fell among thieves, which stripped him of his raiment, and wounded him, and departed, leaving him half dead. And by chance there came down a certain priest that way: and when he saw him, he passed by on the other side. And likewise a Levite, when he was at the place, came and looked on him, and passed by on the other side. But a certain Samaritan, as he journeyed, came where he was: and when he saw him, he had compassion on him, And went to him, and bound up his wounds, pouring in oil and wine, and set him on his own beast, and brought him to an inn, and took care of him. And on the morrow when he departed, he took out two pence, and gave them to the host, and said unto him, Take care of him; and whatsoever thou spendest more, when I come again, I will repay thee. Which now of these three, thinkest thou, was neighbour unto him that fell among the thieves? And he said, He that shewed mercy on him. Then said Jesus unto him, Go, and do thou likewise.

All stand for the **NUNC DIMITTIS**

St Paul's Service

Howells

Lord, now lettest thou thy servant depart in peace,
according to thy word. For mine eyes have seen thy
salvation, Which thou hast prepared before the face
of all people; To be a light to lighten the Gentiles,
and to be the glory of thy people Israel. Glory be
to the Father...

All turn East and say **THE APOSTLES' CREED**

I believe in God

the Father Almighty,

maker of heaven and earth:

And in Jesus Christ his only Son our Lord,

who was conceived by the Holy Ghost,

born of the Virgin Mary,

suffered under Pontius Pilate,

was crucified, dead, and buried:

he descended into hell;

the third day he rose again from the dead;

he ascended into heaven,

and sitteth on the right hand of God

the Father Almighty;

from thence he shall come to judge

the quick and the dead.

I believe in the Holy Ghost;

the Holy Catholick Church;

the Communion of Saints;

the forgiveness of sins;

the Resurrection of the body,

and the life everlasting.

Amen.

The Lord be with you.

And with thy spirit.

Let us pray.

All kneel

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

Our Father

which art in heaven,

hallowed be thy Name,

thy kingdom come, thy will be done,

in earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses,

as we forgive them that trespass against us;

and lead us not into temptation,

but deliver us from evil.

Amen.

RESPONSES

O Lord, shew thy mercy upon us.
And grant us thy salvation.

O Lord, save the King.
And mercifully hear us when we call upon thee.

Endue thy ministers with righteousness.
And make thy chosen people joyful.

O Lord, save thy people.
And bless thine inheritance.

Give peace in our time, O Lord.
Because there is none other that fighteth for us,
but only thou, O God.

O God, make clean our hearts within us.
And take not thy Holy Spirit from us.

THE COLLECT OF THE DAY

Almighty and everlasting God, mercifully look upon our infirmities, and in all our dangers and necessities stretch forth thy right hand to help and defend us; through Jesus Christ our Lord. Amen.

THE COLLECT FOR PEACE

O God, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give; that both our hearts may be set to obey thy commandments, and also that by thee we being defended from the fear of our enemies may pass our time in rest and quietness; through the merits of Jesus Christ our Saviour. Amen.

THE COLLECT FOR AID AGAINST ALL PERILS

Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Saviour, Jesus Christ. Amen.

All sit for the ANTHEM

Videntes stellam (from *Quatre motets pour le Temps de Noël*, 1951)

Videntes stellam Magi gavisus sunt gaudio magno:
et intrantes domum obtulerunt Domino aurum
thus et myrrham.

*When they saw the star the Wise Men were filled
with a great joy and they went into the house.
There to the Lord they offered gold, frankincense,
and myrrh.*

THE ADDRESS

REFLECTIONS FOR MY STUDENT AGED SELF

Lieutenant General Sir Andrew Graham, Bt,
*formerly Colonel, the Argyll & Sutherland
Highlanders and the Royal Regiment of Scotland*

All stand for the HYMN

NEH 49 (i)

WESSEX

**Brightest and best of the sons of the morning,
dawn on our darkness and lend us thine aid;
star of the East, the horizon adorning,
guide where our infant Redeemer is laid.**

**Cold on his cradle the dewdrops are shining,
low lies his head with the beasts of the stall:
angels adore him in slumber reclining,
Maker and Monarch and Saviour of all.**

**Say, shall we yield him, in costly devotion,
odours of Edom and offerings divine?
Gems of the mountain and pearls of the ocean,
myrrh from the forest or gold from the mine?**

**Vainly we offer each ample oblation,
vainly with gifts would his favour secure;
richer by far is the heart's adoration,
dearer to God are the prayers of the poor.**

**Brightest and best of the sons of the morning,
dawn on our darkness and lend us thine aid;
star of the East, the horizon adorning,
guide where our infant Redeemer is laid.**

Words: Reginald Heber (1783–1826)
Music: Alwyn Surplice (1906–77)

THE BLESSING

*All remain standing as the choir and clergy recess
Please remain quiet until the end of the
organ voluntary*

VOLUNTARY

Praeludium in g, BuxWV 150

Buxtehude

THIS TERM'S CHARITIES

Rowan Humberstone

is a local charity, working to support adults with learning disabilities since 1984. Rowan provides an art centre and forest school. In a safe, creative and enriching environment, the arts bring people together and help to tackle social exclusion. Rowan also provides much needed respite for families and carers.

IntoUniversity

provides local learning centres in areas across the country where young people from disadvantaged neighbourhoods can be inspired to achieve. Trinity is partnering with UEA and IntoUniversity to establish one of these hubs in Great Yarmouth.

For details of all events and activities, please see the Chaplains' weekly email.

NEXT SUNDAY'S PREACHER

The Lord Bishop of London, Dame Sarah Mullally, formerly Chief Nursing Officer, Department of Health, in our series Reflections for my student aged self

SPECIAL EVENTS THIS WEEK

Friday 27 January • 12.00 noon

Holocaust Memorial Day

A short sequence of readings, music and reflective silence