



Dean of Chapel
The Revd Dr Michael Banner

Director of Music
Steven Grahl

Chaplains
The Revd John Summers
The Revd Anne Strauss

Organ Scholars
Jonathan Lee
Augustine Cox

CHORAL EVENSONG

Sunday 18 February 2024

The First Sunday of Lent

ORGAN MUSIC BEFORE EVENSONG

Claudia Grinnell (Winchester Cathedral)

Prelude in e, BuxWV 142 (Buxtehude)

Fantasia in a (Byrd)

Prelude, Fugue and Chaconne in d (Pachelbel)

*Welcome to this service of Choral Evensong
sung by The Choir of Trinity College Cambridge.*

*Please ensure that all electronic devices,
including cameras, are switched off.*

*Services from Trinity College Chapel are video
webcast live and available to watch again. You
may be identifiable as in attendance at the service.*

The congregation stands when the choir and clergy enter the Chapel. The opening hymn will follow unannounced.

HYMN

NEH 59 (ii)

JENA

**Now is the healing time decreed
for sins of heart and word and deed,
when we in humble fear record
the wrong that we have done the Lord:**

**Who, always merciful and good,
has borne so long our wayward mood,
nor cut us off unsparingly
in our so great iniquity.**

**Cleanse us, O Lord, from every stain,
help us the gifts of grace to gain,
till with the angels, linked in love,
joyful we tread thy courts above.**

**We pray thee, holy Trinity,
one God, unchanging Unity,
that we from this our abstinence
may reap the fruits of penitence. Amen.**

Words: Latin, trans. Thomas Alexander Lacey (1853–1931)

Music: Vulpius's *Gesangbuch*, harm. J.S. Bach (1685–1750)

The minister reads

Dearly beloved brethren, the Scripture moveth us in sundry places, to acknowledge and confess our manifold sins and wickedness; and that we should not dissemble nor cloak them before the face of Almighty God our heavenly Father; but confess them with an humble, lowly, penitent, and obedient heart; to the end that we may obtain forgiveness of the same, by his infinite goodness and mercy.

And although we ought, at all times, humbly to acknowledge our sins before God; yet ought we most chiefly so to do, when we assemble and meet together to render thanks for the great benefits that we have received at his hands, to set forth his most worthy praise, to hear his most holy Word, and to ask those things which are requisite and necessary, as well for the body as the soul.

Wherefore I pray and beseech you, as many as are here present, to accompany me with a pure heart, and humble voice, unto the throne of the heavenly grace, saying after me;

All say, kneeling

**Almighty and most merciful Father;
We have erred, and strayed from thy ways
like lost sheep.
We have followed too much the devices
and desires of our own hearts.
We have offended against thy holy laws.
We have left undone those things
which we ought to have done;
and we have done those things
which we ought not to have done;
and there is no health in us.
But thou, O Lord, have mercy upon us,
miserable offenders.
Spare thou them, O God,
which confess their faults.
Restore thou them that are penitent;
according to thy promises declared
unto mankind in Christ Jesu our Lord.
And grant, O most merciful Father,
for his sake;
that we may hereafter live a godly, righteous,
and sober life,
to the glory of thy holy name. Amen.**

The minister then says the ABSOLUTION

Almighty God, the Father of our Lord Jesus Christ, who desireth not the death of a sinner, but rather that he may turn from his wickedness and live; and hath given power, and commandment to his Ministers, to declare and pronounce to his people, being penitent, the Absolution and Remission of their sins: He pardoneth and absolveth all them that truly repent, and unfeignedly believe his holy Gospel.

Wherefore let us beseech him to grant us true repentance, and his Holy Spirit, that those things may please him, which we do at this present; and that the rest of our life hereafter may be pure and holy; so that at the last we may come to his eternal joy; through Jesus Christ our Lord.
Amen.

RESPONSES

Byrd

O Lord, open thou our lips.
And our mouth shall shew forth thy praise.

O God, make speed to save us.
O Lord, make haste to help us.

Glory be to the Father, and to the Son:
and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be:
world without end. Amen.

Praise ye the Lord.
The Lord's name be praised.

The congregation sits for PSALM 93

The Lord is King, and hath put on glorious apparel :
the Lord hath put on his apparel, and girded
himself with strength.
He hath made the round world so sure :
that it cannot be moved.
Ever since the world began hath thy seat been
prepared : thou art from everlasting.
The floods are risen, O Lord, the floods have lift up
their voice : the floods lift up their waves.
The waves of the sea are mighty, and rage horribly :
but yet the Lord, who dwelleth on high, is
mightier.
Thy testimonies, O Lord, are very sure :
holiness becometh thine house for ever.
Glory be to the Father, and to the Son :
and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be :
world without end. Amen.

The FIRST LESSON is read

A reading from the Book of Genesis.

And the Lord God took the man, and put him into the garden of Eden to dress it and to keep it. And the Lord God commanded the man, saying, Of every tree of the garden thou mayest freely eat: But of the tree of the knowledge of good and evil, thou shalt not eat of it: for in the day that thou eatest thereof thou shalt surely die. Now the serpent was more subtil than any beast of the field which the Lord God had made. And he said unto the woman, Yea, hath God said, Ye shall not eat of every tree of the garden? And the woman said unto the serpent, We may eat of the fruit of the trees of the garden: But of the fruit of the tree which is in the midst of the garden, God hath said, Ye shall not eat of it, neither shall ye touch it, lest ye die. And the serpent said unto the woman, Ye shall not surely die: For God doth know that in the day ye eat thereof, then your eyes shall be opened, and ye shall be as gods, knowing good and evil. And when the woman saw that the tree was good for food, and that it was pleasant to the eyes, and a tree to be desired to make one wise, she took of the fruit thereof, and did eat, and gave also unto her husband with her; and he did eat. And the eyes of them both were opened, and they knew that they were naked; and they sewed fig leaves together, and made themselves aprons.

All stand for the **MAGNIFICAT**

Service in g

Purcell

My soul doth magnify the Lord, and my spirit hath rejoiced in God my Saviour. For he hath regarded the lowliness of his handmaiden. For behold, from henceforth all generations shall call me blessed. For he that is mighty hath magnified me: and holy is his Name. And his mercy is on them that fear him throughout all generations. He hath shewed strength with his arm; he hath scattered the proud in the imagination of their hearts. He hath put down the mighty from their seat, and hath exalted the humble and meek. He hath filled the hungry with good things; and the rich he hath sent empty away. He remembering his mercy hath holpen his servant Israel, as he promised to our forefathers, Abraham and his seed, for ever. Glory be to the Father, and to the Son: and to the Holy Ghost; As it was in the beginning, is now, and ever shall be: world without end. Amen.

All sit for the **SECOND LESSON**

A reading from the Epistle of St Paul to the Romans.

Wherefore, as by one man sin entered into the world, and death by sin; and so death passed upon all men, for that all have sinned: (For until the law sin was in the world: but sin is not imputed when there is no law. Nevertheless death reigned from Adam to Moses, even over them that had not sinned after the similitude of Adam's transgression, who is the figure of him that was to come. But not as the offence, so also is the free gift. For if through the offence of one many be dead, much more the grace of God, and the gift by grace, which is by one man, Jesus Christ, hath abounded unto many. And not as it was by one that sinned, so is the gift: for the judgment was by one to condemnation, but the free gift is of many offences unto justification. For if by one man's offence death reigned by one; much more they which receive abundance of grace and of the gift of righteousness shall reign in life by one, Jesus Christ.) Therefore as by the offence of one judgment came upon all men to condemnation; even so by the righteousness of one the free gift came upon all men unto justification of life. For as by one man's disobedience many were made sinners, so by the obedience of one shall many be made righteous.

Romans 5: 12-19

All stand for the **NUNC DIMITTIS**

Service in g

Purcell

Lord, now lettest thou thy servant depart in peace,
according to thy word. For mine eyes have seen thy
salvation, Which thou hast prepared before the face
of all people; To be a light to lighten the Gentiles,
and to be the glory of thy people Israel. Glory be
to the Father, and to the Son: and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be:
world without end. Amen.

All turn East and say **THE APOSTLES' CREED**

**I believe in God
the Father Almighty,
maker of heaven and earth:**

**And in Jesus Christ his only Son our Lord,
who was conceived by the Holy Ghost,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, dead, and buried:
he descended into hell;
the third day he rose again from the dead;
he ascended into heaven,
and sitteth on the right hand of God
the Father Almighty;
from thence he shall come to judge
the quick and the dead.**

**I believe in the Holy Ghost;
the Holy Catholick Church;
the Communion of Saints;
the forgiveness of sins;
the Resurrection of the body,
and the life everlasting.
Amen.**

The Lord be with you.

And with thy spirit.

Let us pray.

All kneel

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

Our Father
which art in heaven,
hallowed be thy Name,
thy kingdom come, thy will be done,
in earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive them that trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.

RESPONSES

O Lord, shew thy mercy upon us.
And grant us thy salvation.

O Lord, save the King.
And mercifully hear us when we call upon thee.

Endue thy ministers with righteousness.
And make thy chosen people joyful.

O Lord, save thy people.
And bless thine inheritance.

Give peace in our time, O Lord.
Because there is none other that fighteth for us,
but only thou, O God.

O God, make clean our hearts within us.
And take not thy Holy Spirit from us.

THE COLLECT OF THE DAY

O Lord, who for our sake didst fast forty days and forty nights; Give us grace to use such abstinence, that, our flesh being subdued to the Spirit, we may ever obey thy godly motions in righteousness, and true holiness, to thy honour and glory, who livest and reignest with the Father and the Holy Ghost, one God, world without end. Amen.

THE COLLECT FOR LENT

Almighty and everlasting God, who hatest nothing that thou hast made and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. Amen.

THE COLLECT FOR PEACE

O God, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give; that both our hearts may be set to obey thy commandments, and also that by thee we being defended from the fear of our enemies may pass our time in rest and quietness; through the merits of Jesus Christ our Saviour. Amen.

THE COLLECT FOR AID AGAINST ALL PERILS

Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Saviour, Jesus Christ. Amen.

All sit for the ANTHEM

Lord, let me know mine end

Lord, let me know mine end, and the number of my days,
that I may be certified how long I have to live.
Behold, thou hast made my days as it were a span long,
and mine age is even as nothing in respect of thee;
and verily every man living is altogether vanity.
For man walketh in a vain shadow, and disquieteth himself in vain;
he heapeth up riches, and cannot tell who shall gather them.
And now, Lord, what is my hope? Truly my hope is even in thee.
Hear my prayer, O Lord, and with thine ears consider my calling;
hold not thy peace at my tears.
O spare me a little, that I may recover my strength,
before I go hence, and be no more seen.

Words: Psalm 39, vv. 5–8, 13, 15
Music: Maurice Greene (1696–1755)

THE ADDRESS

Life in Abundance

Mr A.N. Wilson, Author and Columnist

**Forty days and forty nights
thou wast fasting in the wild,
forty days and forty nights
tempted and yet undefiled.**

**Sunbeams scorching all the day,
chilly dewdrops nightly shed,
prowling beasts about thy way,
stones thy pillow, earth thy bed.**

**Let us thine endurance share,
and awhile from joys abstain,
with thee watching unto prayer,
strong with thee to suffer pain.**

**And if Satan, vexing sore,
flesh or spirit should assail,
thou, his vanquisher before,
grant we may not faint nor fail.**

**So shall we have peace divine,
holier gladness ours shall be,
round us too shall angels shine,
such as ministered to thee.**

**Keep, O keep us, Saviour dear,
ever constant by thy side,
that with thee we may appear
at the eternal Eastertide.**

Words: George Hunt Smyttan (1822–70)
and Francis Pott (1832–1909)
Music: *Nürnbergisches Gesangbuch* (1676)

THE BLESSING

*All remain standing as the choir and clergy recess
Please remain quiet until the end of the
organ voluntary*

VOLUNTARY

Praeludium in g, BuxWV 150

Buxtehude

THIS TERM'S CHARITIES

Homestart Cambridgeshire

This local charity aims to help give every child the best possible start in life by supporting families. Homestart trains volunteers to provide tailored practical and emotional support through weekly visits and runs support groups in Cambridge and Wisbech. **homestartcambridgeshire.co.uk**

GiveDirectly

GiveDirectly sends money directly to the world's poorest households, believing that people living in poverty deserve the dignity to choose for themselves how best to improve their lives – cash enables that choice. Individuals invest in what they need from school fees to irrigation, tin roofs to businesses that generate income. **givedirectly.org**

For details of all events and activities, please see the Chaplains' weekly email.