



Dean of Chapel

The Revd Prof Michael Banner

Director of Music

Steven Grahl

Chaplains

The Revd Anne Strauss

The Revd Sophie Young

Organ Scholars

Augustine Cox

Thomas Simpson

CHORAL EVENSONG

Sunday 16 March 2025

The Second Sunday of Lent

*Welcome to this service of Choral Evensong
sung by The Choir of Trinity College Cambridge.*

*Please ensure that all electronic devices,
including cameras, are switched off.*

*Services from Trinity College Chapel are video
webcast live and available to watch again. You
may be identifiable as in attendance at the service.*

*The congregation stands as the choir and clergy enter
the Chapel.*

HYMN

NEH 294

SAFFRON WALDEN

Words omitted for copyright reasons.

Words: Charlotte Elliott (1789–1871)
Music: Arthur Henry Brown (1830–1926)

The minister reads

Dearly beloved brethren, the Scripture moveth us in sundry places, to acknowledge and confess our manifold sins and wickedness; and that we should not dissemble nor cloak them before the face of Almighty God our heavenly Father; but confess them with an humble, lowly, penitent, and obedient heart; to the end that we may obtain forgiveness of the same, by his infinite goodness and mercy.

And although we ought, at all times, humbly to acknowledge our sins before God; yet ought we most chiefly so to do, when we assemble and meet together to render thanks for the great benefits that we have received at his hands, to set forth his most worthy praise, to hear his most holy Word, and to ask those things which are requisite and necessary, as well for the body as the soul.

Wherefore I pray and beseech you, as many as are here present, to accompany me with a pure heart, and humble voice, unto the throne of the heavenly grace, saying after me;

All say, kneeling

**Almighty and most merciful Father;
We have erred, and strayed from thy ways
like lost sheep.**

**We have followed too much the devices
and desires of our own hearts.**

We have offended against thy holy laws.

**We have left undone those things
which we ought to have done;**

**and we have done those things
which we ought not to have done;**

and there is no health in us.

**But thou, O Lord, have mercy upon us,
miserable offenders.**

**Spare thou them, O God,
which confess their faults.**

**Restore thou them that are penitent;
according to thy promises declared
unto mankind in Christ Jesu our Lord.**

**And grant, O most merciful Father,
for his sake;**

**that we may hereafter live a godly, righteous,
and sober life,**

to the glory of thy holy name.

Amen.

The minister then says the ABSOLUTION

Almighty God, the Father of our Lord Jesus Christ, who desireth not the death of a sinner, but rather that he may turn from his wickedness and live; and hath given power, and commandment to his Ministers, to declare and pronounce to his people, being penitent, the Absolution and Remission of their sins: He pardoneth and absolveth all them that truly repent, and unfeignedly believe his holy Gospel.

Wherefore let us beseech him to grant us true repentance, and his Holy Spirit, that those things may please him, which we do at this present; and that the rest of our life hereafter may be pure and holy; so that at the last we may come to his eternal joy; through Jesus Christ our Lord.

Amen.

RESPONSES

Shepherd

O Lord, open thou our lips.
And our mouth shall shew forth thy praise.

O God, make speed to save us.
O Lord, make haste to help us.

Glory be to the Father, and to the Son:
and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be:
world without end. Amen.

Praise ye the Lord.
The Lord's name be praised.

The congregation sits for PSALM 139: 1–7, 14–18

O LORD, thou hast searched me out and known
me : thou knowest my down-sitting and mine
up-rising, thou understandest my thoughts long
before.

Thou art about my path, and about my bed : and
spiest out all my ways.

For lo, there is not a word in my tongue : but thou,
O Lord, knowest it altogether.

Thou hast fashioned me behind and before : and
laid thine hand upon me.

Such knowledge is too wonderful and excellent for
me : I cannot attain unto it.

Whither shall I go then from thy Spirit :
or whither shall I go then from thy presence?
If I climb up into heaven, thou art there : if I go
down to hell thou art there also.

My bones are not hid from thee : though I be made
secretly, and fashioned beneath in the earth.

Thine eyes did see my substance, yet being
unperfect : and in thy book were all my members
written;
Which day by day were fashioned : when as yet
there was none of them.
How dear are thy counsels unto me, O God : O how
great is the sum of them!
If I tell them, they are more in number than the
sand : when I wake up I am present with thee.
Glory be to the Father, and to the Son :
and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be :
world without end. Amen.

The FIRST LESSON is read

A reading from the Book of Ecclesiasticus.

Let us now praise famous men, and our fathers that
begat us. The Lord hath wrought great glory by
them through his great power from the beginning.
Such as did bear rule in their kingdoms, men
renowned for their power, giving counsel by their
understanding, and declaring prophecies: leaders of
the people by their counsels, and by their knowledge
of learning meet for the people, wise and eloquent
in their instructions: such as found out musical
tunes, and recited verses in writing: rich men
furnished with ability, living peaceably in their
habitations: all these were honoured in their
generations, and were the glory of their times. There
be of them, that have left a name behind them, that
their praises might be reported. And some there be,
which have no memorial; who are perished, as
though they had never been; and are become as
though they had never been born; and their children
after them. But these were merciful men, whose
righteousness hath not been forgotten. Their seed
shall remain for ever, and their glory shall not be
blotted out. Their bodies are buried in peace; but
their name liveth for evermore. The people will tell
of their wisdom, and the congregation will shew
forth their praise.

Ecclesiasticus 44: 1-10, 13-14

All stand for the **MAGNIFICAT**

St Paul's Service

Howells

My soul doth magnify the Lord, and my spirit hath rejoiced in God my Saviour. For he hath regarded the lowliness of his handmaiden. For behold, from henceforth all generations shall call me blessed. For he that is mighty hath magnified me: and holy is his Name. And his mercy is on them that fear him throughout all generations. He hath shewed strength with his arm; he hath scattered the proud in the imagination of their hearts. He hath put down the mighty from their seat, and hath exalted the humble and meek. He hath filled the hungry with good things; and the rich he hath sent empty away. He remembering his mercy hath holpen his servant Israel, as he promised to our forefathers, Abraham and his seed, for ever. Glory be to the Father, and to the Son: and to the Holy Ghost; As it was in the beginning, is now, and ever shall be: world without end. Amen.

All sit for the **SECOND LESSON**

A reading from the First Letter of Saint Paul to the Corinthians.

For as the body is one, and hath many members, and all the members of that one body, being many, are one body: so also is Christ. For by one Spirit are we all baptized into one body, whether we be Jews or Gentiles, whether we be bond or free; and have been all made to drink into one Spirit. For the body is not one member, but many. If the foot shall say, Because I am not the hand, I am not of the body; is it therefore not of the body? And if the ear shall say, Because I am not the eye, I am not of the body; is it therefore not of the body? If the whole body were an eye, where were the hearing? If the whole were hearing, where were the smelling? But now hath God set the members every one of them in the body, as it hath pleased him. And if they were all one member, where were the body? But now are they many members, yet but one body. And the eye cannot say unto the hand, I have no need of thee: nor again the head to the feet, I have no need of you. Nay, much more those members of the body, which seem to be more feeble, are necessary: And those members of the body, which we think to be less honourable, upon these we bestow more abundant honour; and our uncomely parts have more abundant comeliness.

For our comely parts have no need: but God hath tempered the body together, having given more abundant honour to that part which lacked. That there should be no schism in the body; but that the members should have the same care one for another. And whether one member suffer, all the members suffer with it; or one member be honoured, all the members rejoice with it. Now ye are the body of Christ, and members in particular.

1 Corinthians 12: 12-27

All stand for the **NUNC DIMITTIS**

St Paul's Service

Howells

Lord, now lettest thou thy servant depart in peace, according to thy word. For mine eyes have seen thy salvation, Which thou hast prepared before the face of all people; To be a light to lighten the Gentiles, and to be the glory of thy people Israel. Glory be to the Father, and to the Son: and to the Holy Ghost; As it was in the beginning, is now, and ever shall be: world without end. Amen.

All turn East and say **THE APOSTLES' CREED**

**I believe in God
the Father Almighty,
maker of heaven and earth:**

**And in Jesus Christ his only Son our Lord,
who was conceived by the Holy Ghost,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, dead, and buried:
he descended into hell;
the third day he rose again from the dead;
he ascended into heaven,
and sitteth on the right hand of God
the Father Almighty;
from thence he shall come to judge
the quick and the dead.**

**I believe in the Holy Ghost;
the Holy Catholick Church;
the Communion of Saints;
the forgiveness of sins;
the Resurrection of the body,
and the life everlasting.
Amen.**

The Lord be with you.
And with thy spirit.

Let us pray.

All kneel

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

Our Father
which art in heaven,
hallowed be thy Name,
thy kingdom come, thy will be done,
in earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive them that trespass against us;
and lead us not into temptation,
but deliver us from evil.
Amen.

RESPONSES

O Lord, shew thy mercy upon us.
And grant us thy salvation.

O Lord, save the King.
And mercifully hear us when we call upon thee.

Endue thy ministers with righteousness.
And make thy chosen people joyful.

O Lord, save thy people.
And bless thine inheritance.

Give peace in our time, O Lord.
Because there is none other that fighteth for us,
but only thou, O God.

O God, make clean our hearts within us.
And take not thy Holy Spirit from us.

THE COLLECT OF THE DAY

Almighty God, who seest that we have no power of ourselves to help ourselves; Keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord. Amen.

THE COLLECT FOR LENT

Almighty and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. Amen.

THE COLLECT FOR PEACE

O God, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give; that both our hearts may be set to obey thy commandments, and also that by thee we being defended from the fear of our enemies may pass our time in rest and quietness; through the merits of Jesus Christ our Saviour. Amen.

THE COLLECT FOR AID AGAINST ALL PERILS

Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Saviour, Jesus Christ. Amen.

All sit for the ANTHEM

Lord, let me know mine end (1918)

Lord, let me know mine end and the number of my days, that I may be certified how long I have to live. Thou hast made my days as it were a span long; and mine age is as nothing in respect of thee, And verily, every man living is altogether vanity, For man walketh in a vain shadow and disquieteth himself in vain, he heapeth up riches and cannot tell who shall gather them.

And now, Lord, what is my hope? Truly my hope is even in thee. Deliver me from all mine offences and make me not a rebuke to the foolish. I became dumb and opened not my mouth for it was thy doing. Take thy plague away from me, I am even consumed by means of thy heavy hand.

When thou with rebukes does chasten man for sin thou makest his beauty to consume away like as it were a moth fretting a garment; every man therefore is but vanity.

Hear my prayer, O Lord, and with thy ears consider my calling, hold not thy peace at my tears! For I am a stranger with thee and a sojourner as all my fathers were. O spare me a little, that I may recover my strength before I go hence and be no more seen.

Words: Psalm 39

Music: C. Hubert H. Parry (1848–1918)

THE ADDRESS

The Body of Faith, Hope, Love

The Revd Professor Deborah Mackay, Professor of Epigenetics, University of Southampton

All stand for the **HYMN**

NEH 377

ST DENIO

Words omitted for copyright reasons.

Words: Walter Chalmers Smith (1824–1908)

Music: Welsh melody, adapted John Roberts (1822–77)

THE BLESSING

All remain standing as the choir and clergy recess

*Please remain quiet until the end of the
organ voluntary*

VOLUNTARY

Litanies, JA 119

Alain

SPECIAL SERVICES THIS WEEK

Friday 21 March

6.00 pm • Commemoration of Benefactors

*with an address given by the Rt Hon. Lord Justice
Rabinder Singh, Lord Justice of Appeal*

CHAPLAIN'S EVENTS

*For details of all events and activities, please see the
Chaplains' weekly email, and follow us on Facebook
(Trinity College Chapel, Cambridge) and Instagram
(@trincollchapel).*

THIS TERM'S CHARITIES

Lyn's House

Lyn's House provides space for hospitality and life-enhancing friendship amongst people with and without learning disabilities. Situated in central Cambridge, close to the Colleges, it is Christian-inspired but open to all. Students, professionals and those with intellectual disabilities come together to form community.

lynshouse.org

Disasters Emergency Committee – Middle East Appeal

The DEC brings together 15 leading UK Aid Charities (including Islamic Relief, Oxfam and Christian Aid) to raise funds quickly and efficiently at times of humanitarian crisis overseas. The Middle East Humanitarian Appeal is providing lifesaving aid in Gaza, Lebanon and the West Bank.

**www.dec.org.uk/appeal/middle-east-
humanitarian-appeal**



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