



Dean of Chapel
The Revd Prof Michael Banner

Director of Music
Steven Grahl

Chaplains
The Revd Anne Strauss
The Revd Sophie Young

Organ Scholars
Augustine Cox
Thomas Simpson

CHORAL EVENSONG

Sunday 1 March 2026

The Second Sunday of Lent

ORGAN MUSIC BEFORE EVENSONG

Eivind Berg (Universität für Musik und darstellende Kunst Wien)

Praeludium in E (Lübeck)

Est-ce Mars?, SwWV 321 (Sweelinck)

Sechs Fugen über den Namen BACH, Op. 60 No. 2
(Schumann)

Capriccio Cucu (Kerll)

Fugue on the Magnificat, BWV 733 (Bach)

*Welcome to this service of Choral Evensong
sung by The Choir of Trinity College Cambridge.*

*Please ensure that all electronic devices,
including cameras, are switched off.*

*Services from Trinity College Chapel are video
webcast live and available to watch again. You
may be identifiable as in attendance at the service.*

The congregation stands as the choir and clergy enter the Chapel.

HYMN

NEH 64

ABRIDGE

**Be thou my guardian and my guide,
and hear me when I call;
let not my slippery footsteps slide,
and hold me lest I fall.**

**The world, the flesh, and Satan dwell
around the path I tread;
O save me from the snares of hell,
thou quickener of the dead.**

**And if I tempted am to sin,
and outward things are strong,
do thou, O Lord, keep watch within,
and save my soul from wrong.**

**Still let me ever watch and pray,
and feel that I am frail;
that if the tempter cross my way,
yet he may not prevail.**

Words: Isaac Williams (1802–65)

Music: Isaac Smith (1734–1805)

The minister reads

Dearly beloved brethren, the Scripture moveth us in sundry places, to acknowledge and confess our manifold sins and wickedness; and that we should not dissemble nor cloak them before the face of Almighty God our heavenly Father; but confess them with an humble, lowly, penitent, and obedient heart; to the end that we may obtain forgiveness of the same, by his infinite goodness and mercy.

And although we ought, at all times, humbly to acknowledge our sins before God; yet ought we most chiefly so to do, when we assemble and meet together to render thanks for the great benefits that we have received at his hands, to set forth his most worthy praise, to hear his most holy Word, and to ask those things which are requisite and necessary, as well for the body as the soul.

Wherefore I pray and beseech you, as many as are here present, to accompany me with a pure heart, and humble voice, unto the throne of the heavenly grace, saying after me;

All say, kneeling

Almighty and most merciful Father;
**We have erred, and strayed from thy ways
like lost sheep.**
**We have followed too much the devices
and desires of our own hearts.**
We have offended against thy holy laws.
**We have left undone those things
which we ought to have done;**
**and we have done those things
which we ought not to have done;**
and there is no health in us.
**But thou, O Lord, have mercy upon us,
miserable offenders.**
**Spare thou them, O God,
which confess their faults.**
Restore thou them that are penitent;
**according to thy promises declared
unto mankind in Christ Jesu our Lord.**
**And grant, O most merciful Father,
for his sake;**
**that we may hereafter live a godly, righteous,
and sober life,**
to the glory of thy holy name.
Amen.

The minister then says the ABSOLUTION

Almighty God, the Father of our Lord Jesus Christ,
who desireth not the death of a sinner, but rather
that he may turn from his wickedness and live;
and hath given power, and commandment to his
Ministers, to declare and pronounce to his people,
being penitent, the Absolution and Remission of
their sins: He pardoneth and absolveth all them that
truly repent, and unfeignedly believe his holy Gospel.
Wherefore let us beseech him to grant us true
repentance, and his Holy Spirit, that those things
may please him, which we do at this present;
and that the rest of our life hereafter may be pure
and holy; so that at the last we may come to his
eternal joy; through Jesus Christ our Lord.
Amen.

O Lord, open thou our lips.
And our mouth shall shew forth thy praise.

O God, make speed to save us.
O Lord, make haste to help us.

Glory be to the Father, and to the Son:
and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be:
world without end. Amen.

Praise ye the Lord.

The congregation sits for PSALM 8

Corfe

O Lord our Governor, how excellent is thy Name in
all the world : thou that hast set thy glory above
the heavens!

Out of the mouth of very babes and sucklings hast
thou ordained strength, because of thine
enemies : that thou mightest still the enemy and
the avenger.

For I will consider thy heavens, even the works of
thy fingers : the moon and the stars, which thou
hast ordained.

What is man, that thou art mindful of him : and the
son of man, that thou visitest him?

Thou madest him lower than the angels : to crown
him with glory and worship.

Thou makest him to have dominion of the works of
thy hands : and thou hast put all things in
subjection under his feet;

All sheep and oxen : yea, and the beasts of the field;
The fowls of the air, and the fishes of the sea : and
whatsoever walketh through the paths of the seas.

O Lord our Governor : how excellent is thy Name in
all the world!

Glory be to the Father, and to the Son :
and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be :
world without end. Amen.

The FIRST LESSON is read

A reading from the Book of the Prophet Isaiah.

Hear the word of the Lord, ye that tremble at his word; Your brethren that hated you, that cast you out for my name's sake, said, Let the Lord be glorified: but he shall appear to your joy, and they shall be ashamed. A voice of noise from the city, a voice from the temple, a voice of the Lord that rendereth recompence to his enemies. Before she travailed, she brought forth; before her pain came, she was delivered of a man child. Who hath heard such a thing? who hath seen such things? Shall the earth be made to bring forth in one day? or shall a nation be born at once? for as soon as Zion travailed, she brought forth her children. Shall I bring to the birth, and not cause to bring forth? saith the Lord: shall I cause to bring forth, and shut the womb? saith thy God. Rejoice ye with Jerusalem, and be glad with her, all ye that love her: rejoice for joy with her, all ye that mourn for her.

Isaiah 66: 5–10

All stand for the MAGNIFICAT

Second Service

Gibbons

My soul doth magnify the Lord, and my spirit hath rejoiced in God my Saviour. For he hath regarded the lowliness of his handmaiden. For behold, from henceforth all generations shall call me blessed. For he that is mighty hath magnified me: and holy is his Name. And his mercy is on them that fear him throughout all generations. He hath shewed strength with his arm; he hath scattered the proud in the imagination of their hearts. He hath put down the mighty from their seat, and hath exalted the humble and meek. He hath filled the hungry with good things; and the rich he hath sent empty away. He remembering his mercy hath holpen his servant Israel, as he promised to our forefathers, Abraham and his seed, for ever. Glory be to the Father, and to the Son: and to the Holy Ghost; As it was in the beginning, is now, and ever shall be: world without end. Amen.

All sit for the **SECOND LESSON**

A reading from the Gospel according to St John.

Jesus, bearing his cross, went forth into a place called the place of a skull, which is called in the Hebrew Golgotha: Where they crucified him, and two others with him, on either side one, and Jesus in the midst. And Pilate wrote a title, and put it on the cross. And the writing was JESUS OF NAZARETH THE KING OF THE JEWS. This title then read many of the Jews: for the place where Jesus was crucified was nigh to the city: and it was written in Hebrew, and Greek, and Latin. Then said the chief priests of the Jews to Pilate, Write not, The King of the Jews; but that he said, I am King of the Jews. Pilate answered, What I have written I have written. Then the soldiers, when they had crucified Jesus, took his garments, and made four parts, to every soldier a part; and also his coat: now the coat was without seam, woven from the top throughout. They said therefore among themselves, Let us not rend it, but cast lots for it, whose it shall be: that the scripture might be fulfilled, which saith, They parted my raiment among them, and for my vesture they did cast lots. These things therefore the soldiers did. Now there stood by the cross of Jesus his mother, and his mother's sister, Mary the wife of Cleophas, and Mary Magdalene. When Jesus therefore saw his mother, and the disciple standing by, whom he loved, he saith unto his mother, Woman, behold thy son! Then saith he to the disciple, Behold thy mother! And from that hour that disciple took her unto his own home.

John 19: 17–27

All stand for the **NUNC DIMITTIS**

Second Service

Gibbons

Lord, now lettest thou thy servant depart in peace, according to thy word. For mine eyes have seen thy salvation, Which thou hast prepared before the face of all people; To be a light to lighten the Gentiles, and to be the glory of thy people Israel. Glory be to the Father, and to the Son: and to the Holy Ghost; As it was in the beginning, is now, and ever shall be: world without end. Amen.

All turn East and say **THE APOSTLES' CREED**

**I believe in God
the Father Almighty,
maker of heaven and earth:**

**And in Jesus Christ his only Son our Lord,
who was conceived by the Holy Ghost,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, dead, and buried:
he descended into hell;
the third day he rose again from the dead;
he ascended into heaven,
and sitteth on the right hand of God
the Father Almighty;
from thence he shall come to judge
the quick and the dead.**

**I believe in the Holy Ghost;
the Holy Catholick Church;
the Communion of Saints;
the forgiveness of sins;
the Resurrection of the body,
and the life everlasting.
Amen.**

The Lord be with you.
And with thy spirit.

Let us pray.

All kneel

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

Our Father
which art in heaven,
hallowed be thy Name,
thy kingdom come, thy will be done,
in earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive them that trespass against us;
and lead us not into temptation,
but deliver us from evil.
Amen.

RESPONSES

O Lord, shew thy mercy upon us.
And grant us thy salvation.

O Lord, save the King.
And mercifully hear us when we call upon thee.

Endue thy ministers with righteousness.
And make thy chosen people joyful.

O Lord, save thy people.
And bless thine inheritance.

Give peace in our time, O Lord.
Because there is none other that fighteth for us,
but only thou, O God.

O God, make clean our hearts within us.
And take not thy Holy Spirit from us.

THE COLLECT OF THE DAY

Almighty God, who seest that we have no power of ourselves to help ourselves; Keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord. Amen.

THE COLLECT FOR LENT

Almighty and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. Amen.

THE COLLECT FOR PEACE

O God, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give; that both our hearts may be set to obey thy commandments, and also that by thee we being defended from the fear of our enemies may pass our time in rest and quietness; through the merits of Jesus Christ our Saviour. Amen.

THE COLLECT FOR AID AGAINST ALL PERILS

Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Saviour, Jesus Christ. Amen,

All sit for the ANTHEM

Jehova, quam multi sunt hostes mei

Jehova, quam multi sunt hostes mei!
Quam multi insurgunt contra me.
Quam multi dicunt de anima mea;
non est ulla salus isti in Deo plane.

At tu, Jehova, clypeus es circa me;
gloria mea, et extollens caput meum.

Voce mea ad Jehovam clamanti,
respondit mihi e monte sanctitatis suae maxime.
Ego cubui et dormivi, ego expergefeci me;
quia Jehova sustentat me.

Non timebo a myriadibus populi,
quas circumdisposuerint metatores contra me.
Surge, Jehova, fac salvum me Deus mi;
qui percussisti omnes inimicos meos maxilliam,
dentes improborum confregisti.

Jehova est salus:
super populum tuum sit benedictio tua maxime.

*Jehovah, how many are my enemies,
how many rise up against me,
how many say of my soul:
Clearly there is no salvation for it in God.*

*But thou, Jehovah, art a shield around me,
my glory and the lifter up of my head.*

*With my voice crying to Jehovah,
he replied to me mightily
from the mountain of his holiness.
I laid down and slept, I rose up again,
for Jehovah sustained me.*

*I will not be afraid for ten thousands of the people,
whom surveyors have placed around against me.
Arise, Jehovah, help me, O my God;
for thou who smitest all mine enemies
upon the cheek-bone,
thou hast broken the teeth of the ungodly.*

*Jehovah is salvation:
may thy blessing be greatly upon thy people.*

Words: from Psalm 3
Music: Henry Purcell (1659–1695)

THE ADDRESS

‘Behold thy Son! Behold thy mother!’ (John 19:27)
Meditations on the Passion in John

The Revd Anne Strauss, Chaplain

**O thou who dost accord us
the highest prize and guerdon,
thou hope of all our race,
Jesu, do thou afford us
the gift we ask of pardon
for all who humbly seek thy face.**

**With whispered accusation
our conscience tells of sinning
in thought and word and deed;
thine is the restoration,
the work of grace beginning
for souls from every burden freed.**

**For who, if thou reject us,
shall raise the fainting spirit?
'Tis thine alone to spare:
that thou to life elect us,
through our Redeemer's merit,
shall be thy people's lowly prayer.**

**O Trinity most glorious,
thy pardon free bestowing,
defend us evermore;
that in thy courts victorious,
thy love more truly knowing,
we may with all thy saints adore.**

Words: From the Latin, based on a translation
by John William Hewett (1824–86)
Music: Heinrich Isaac (c. 1450–1527)
harm. J. S. Bach (1685–1750)

THE BLESSING

*All remain standing as the choir and clergy recess
Please remain quiet until the end of the
organ voluntary*

VOLUNTARY

Passacaglia and Fugue in c, BWV 582

Bach

NEXT SUNDAY'S PREACHER

Mr James Penney (1984) will speak on John 19:28 ('I thirst') as part of our series of Meditations on the Passion in John's Gospel.

www.trinitycollegechapel.com

CHAPLAINS' EVENTS

For details of all events and activities, please see the Chaplains' weekly email, and follow us on Facebook (Trinity College Chapel, Cambridge) and Instagram (@trincollchapel).

THIS TERM'S CHARITIES

A retiring collection is taken and a card reader is available to your right as you leave for those without cash to hand.

Tom ap Rhys Pryce Memorial Trust

Set up in memory of Tom ap Rhys Pryce, a young lawyer and Trinity alumnus who was robbed and killed as he walked home from a London underground station in 2006, the charity provides educational and vocational training opportunities to those who might otherwise not have access to them, and works to tackle the root causes of violent gang culture and violent street crime.

www.tomstrust.co.uk

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